

TOUR OF SPEYSIDE

MULTI-STAGE CYCLE ROAD RACE

SATURDAY/SUNDAY 16th-17th JUNE 1990

STAGE 1 **The Badenoch Stage**

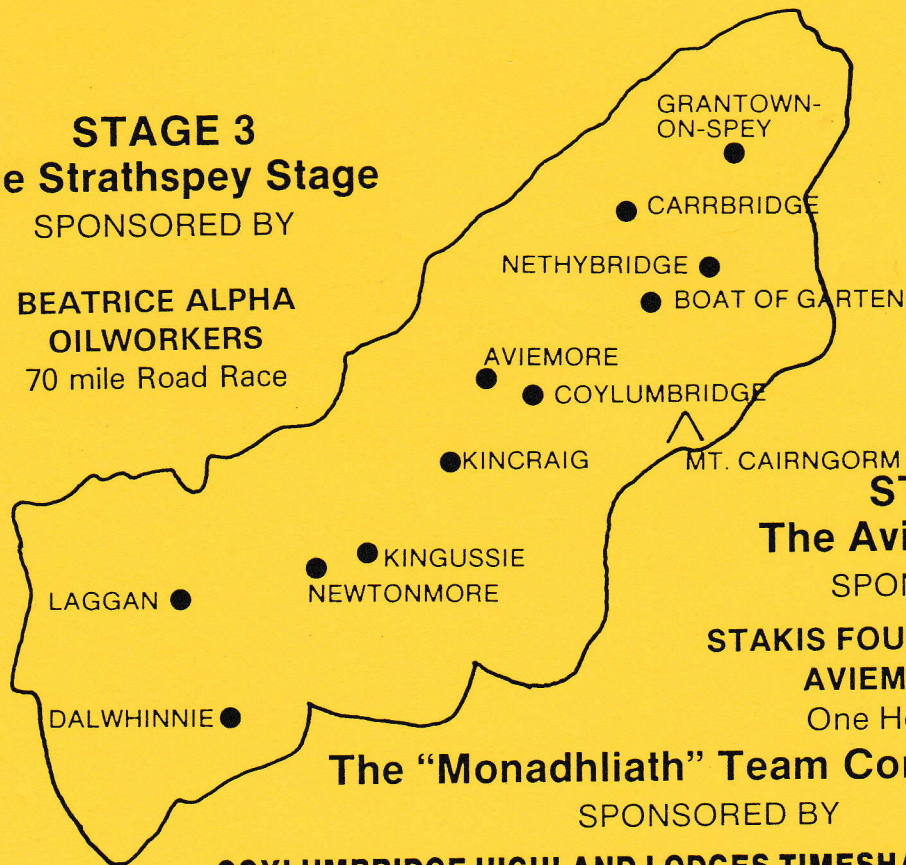
SPONSORED BY
STAKIS BADENOCH HOTEL
AVIEMORE CENTRE
50 mile Road Race

STAGE 2 **The Cairngorm Stage**

SPONSORED BY
CAIRNGORM CHAIRLIFT COMPANY LTD
CAIRNGORM
8 mile Mountain Time Trail

STAGE 3 **The Strathspey Stage**

SPONSORED BY
BEATRICE ALPHA
OILWORKERS
70 mile Road Race



STAGE 4 **The Aviemore Stage**

SPONSORED BY
STAKIS FOUR SEASONS HOTEL
AVIEMORE CENTRE
One Hour 'Criterium'

The "Monadhliath" Team Competition

SPONSORED BY
COYLUMBRIDGE HIGHLAND LODGES TIMESHARE DEVELOPMENT

"OSPREY CHALLENGE"
(GREEN JERSEY)
POINTS COMPETITION
SPONSORED BY
STAKIS COYLUMBRIDGE
RESORT HOTEL

"GENERAL CLASSIFICATION"
(YELLOW JERSEY)
OVERALL COMPETITION
SPONSORED BY
STAKIS HOTELS
AVIEMORE CENTRE



CAIRNGORM CYCLING CLUB

affiliated to:
N.O.S.C.A.
S.C.U.
B.C.F.

Welcome to the fourth STAKIS Tour of Speyside. The format of the race was changed last year and was very successful and will remain the same for this year's event.

The Club is again indebted to the STAKIS Organisation, Co-sponsors and Prize Donors for their continued support and enthusiasm.

In asking everyone to have an enjoyable weekend I also ask you to support the commercial concerns that support the race.

Colin C. Horn Race Organiser.

ACKNOWLEDGEMENTS

The Cairngorm Cycling Club wish to thank the following, whose help in many ways have made this event possible.

STAKIS Hotels, Aviemore Centre.
STAKIS Badenoch Hotel.
STAKIS Coylumbridge Resort Hotel
STAKIS Four Seasons Hotel
Coylumbridge Highland Lodges Timeshare Development.
Jack MacLean and the Beatrice Alpha Oilworkers
Cairngorm Chairlift Company Ltd.
Highlander Hotel, Newtonmore.
The Lodge Hotel, Newtonmore.
Badenoch Land Management.
John Ross & Co., Dulnain Bridge.
Cluny Hill School of Motoring, Forres.
Rothiemurchus Estate.
Highland Regional Council.
Badenoch & Strathspey District Council.
Strathspey Round Table.
Monadhliath Hotel, Laggan
Bill Wilson, Glenmore Shop, Glenmore
Tyree House Hotel, Grantown-on-Spey
MacKellar Engineering Ltd., Grantown-on-Spey
Landmark Visitor Centre, Carrbridge
The Winking Owl, Aviemore
Freedom Inn, Aviemore
Red McGregor Hotel, Aviemore
Northern Office Technology, Inverness.
Police - Badenoch & Strathspey Sub-Division.
Members and Friends of the Cairngorm Cycling Club.
Officials of the North of Scotland Cycling Association.

STAKIS TOUR OF SPEYSIDE
Race Regulations

The STAKIS Tour of Speyside is run under the rules of the Scottish Cyclists Union together with those rules specified within this Manual and registration for this event signifies acceptance of same.

All Competitors, Team Managers, Race Officials, Drivers, Marshalls and Helpers must register for this event by signing on. Competitors must sign on prior to every Stage.

Race Control for Stages One, Three and Four is at the Reception Area, Aviemore Centre (South Door) and for Stage Two at the Woodshed Bar, STAKIS Coylumbridge Resort Hotel. This Hotel is 1 1/2 miles from Aviemore on the Cairngorm road.

Race H.Q. - STAKIS Badenoch Hotel, Aviemore Centre. Tel. (0479) 810261.

A Race Meeting will be held in the Highlander Room, Reception Area, Aviemore Centre, on Friday evening 15 June at 21.00. All Team Managers, Race Officials, Drivers, Marshalls and Helpers are asked to attend if possible.

Changing accommodation prior to Stages One, Three and Four will be in the Highlander Room, Reception Area, Aviemore Centre and prior to Stage Two will be at the Woodshed, Coylumbridge Hotel. Showers will be available after Stages One, Three and Four at the Swimming Pool, Aviemore Centre, and after Stage Two at the Swimming Pool, Coylumbridge Hotel.

NOTE - These facilities are for Competitors only.

Unauthorized following cars are prohibited.

Prize presentation - Stage Winners will be presented with Winners Sash immediately after Stage finish. Points Leader will be presented with Leaders Jersey immediately after Stage finish. Race Leader will be presented with Yellow Jersey prior to Stage start.

The final Prize Presentation will take place at 17.30 in the Osprey Room, Aviemore Centre.

ALL COMPETITORS ARE EXPECTED TO ATTEND.

High Tea will be available in the Crofters Bar from 16.30 - 17.30.

High Tea will be free to all Competitors.

High Tea will be available to Family and Friends at a subsidised rate of £4.00. It is essential that advance notice is given for High Tea. Tickets can be obtained at Race Control prior to Stages One, Two and Three.

Race Service is a spare wheel service only and the Race Organisation is supplying two service cars.

Team Managers are asked to volunteer and supply service cars.

Each Competitor must supply one RACEWORTHY wheel - odd numbers a front wheel, even numbers a rear wheel.

ALL RACE SERVICE TO BE STRICTLY NEUTRAL

Competitors not in Club Teams may be grouped into Centre or Composite Teams.

STAKIS Tour of Speyside
Race Regulations

Competitions - General Classification.

Time Bonuses - Finish of Stages One, Three and Four.

1st. 15 seconds, 2nd. 10 seconds, 3rd. 5 seconds.

Primes and Hot Spots - 1st. 10 seconds, 2nd. 6 seconds, 3rd. 3 seconds.

NO TIME BONUSES ON STAGE TWO.

"OSPREY CHALLENGE" Points Competition.

Points for Primes - 1st. 4 points, 2nd. 3 points, 3rd. 2 points.

Points for Hot Spots - 1st. 3 points, 2nd. 2 points, 3rd. 1 point.

Points for timed section during Stage Two (from start to Glenmore)

1st. fastest 6 points, 2nd. 5 points, 3rd. 4 points, 4th. 3

points, 5th. 2 points, 6th. 1 point.

Stage One - Kincaig Prime, Newtonmore Hot Spot 1, Monadhliath Hot Spot, Catlodge Prime, Newtonmore Hot Spot 2, Kingussie Hot Spot.

Stage Two - The first 4.5 miles (from start to Glenmore Village) will be timed. The six fastest riders will be awarded points.

Stage Three - Carrbridge Hot Spot 1, Grantown-on-Spey Hot Spot 1 and 2, Loch Garten Hot Spot, Boat of Garten Hot Spot, Carrbridge Hot Spot 2.

Stage Four - Hot Spots at 15, 30 and 45 minutes approximately.

"MONADHLIATH" Team Competition.

Any three riders to count from a team of four riders, calculated on a stage by stage basis. Based on time - EXCLUDING BONUSES.

RACE FORMAT - Stages One, Three and Four are massed start road races. Stage Two is an individual time trial.

Competitors numbers will be from 1 to 70. No Reserves
MAXIMUM OF 70 RIDERS MAY START.

Numbers must not be folded.

Riders wearing competition jerseys must also wear their race numbers.

A single body number is permitted on Stage Two.

Special notes on Stage Four - One Hour Criterium.

The normal laps out procedure for short circuits will apply. The Timekeeper will indicate when the boards are shown for the last five laps. The race will end when the winner crosses the finish line. Lapped riders times will be calculated on average times plus adjustments to place lapped riders behind the last rider to complete the full distance.

Riders will be adjudged to be lapped when overtaken by Lead Car.

Protests - Including Protest Fee of £10 - must be handed, in writing, to the Chief Commissaire within one hour of Stage finishes.

Protests regarding results must be handed, in writing, to the Chief Commissaire not less than 30 minutes prior to the start of the next stage.

The Race Jury will comprise of the Organiser, Chief Judge and Chief Commissaire. Decisions by the Race Jury will be final.

STAKIS Tour of Speyside
 Stage One The Badenoch Stage Saturday 16 June.

Signing-on 08.30-09.40 Aviemore Centre Reception Area.

Start - 10.00

Miles Time Route

0	10.00	Start at Badenoch Hotel, Aviemore Centre. Neutralised
0.8		Leave Centre. Turn right onto B9152
1.2		Turn left onto Cairngorm Road
1.4	10.05	Official Start on bridge over River Spey
1.9		Turn right at Inverdrue onto B970 for Feshie Bridge
7.7	10.20	Feshie Bridge <u>GREAT CARE AND ATTENTION</u>
8.6		Turn right for Kincaraig
9.6		Enter Kincaraig Very narrow Bridge <u>GREAT CARE AND ATTENTION</u> Telephone Kiosk
9.8	10.25	KINCRAIG PRIME - hydro pole No. 10 app. 30 yds before T junction. At junction turn left onto B9152 for Kingussie
14.0	10.35	Passing through Lynchat
15.3	10.38	Enter Kingussie (Zebra Crossing/NEW TRAFFIC LIGHTS)
16.1		Leave Kingussie on A86
18.0	10.45	Enter Newtonmore
18.8		NEWTONMORE HOT SPOT 1 at The Lodge Hotel
19.0	10.48	Bear Right on A86 for Laggan
19.4		Leave Newtonmore
26.8	11.07	Laggan Bridge
27.1		Turn left at Monadhliath Hotel onto A889
28.0		MONADHLIATH HOT SPOT
28.5		CATLODGE PRIME
28.6	11.12	Turn left for Glentruim at Catlodge. Kiosk (SINGLE TRACK ROAD)
33.0	11.22	Turn left onto A9 <u>GREAT CARE AND ATTENTION</u>
34.5	11.26	Turn left onto B9150
35.6	11.29	Enter Newtonmore
		NEWTONMORE HOT SPOT 2 at Highlander Hotel
36.8		Leave Newtonmore on A86
38.3	11.36	Enter Kingussie
39.0		KINGUSSIE HOT SPOT at Duke of Gordon Hotel
39.5		Leave Kingussie (A86 onto B9152)
40.8	11.40	Passing through Lynchat
44.9	11.52	Kincaraig (straight-on on B9152)
48.8	12.02	Lynwilg Hotel
50.6	12.06	Enter Aviemore
51.2	12.08	Turn left into Aviemore Centre
51.8	12.10	Finish 3/4 way round Aviemore Centre at Fuel Depot

Stage Two The Cairngorm Stage Saturday 16 June.

Signing-on - At least 20 minutes before departure at new Race
 Control at the Woodshed Bar, Coylumbridge Resort Hotel.

First Man Off - 15.00 REVERSE GEN. CLASS. ORDER

Route - Start at Woodshed Bar within grounds of Hotel. Great Care
 must be taken during the first 200 metres to leave the Hotel and
 turn left onto main road. Proceed on main road via Glenmore
 Village and up the Ski Road via the one-way system to finish in
 car park at top of Ski Road. Distance 8 Miles.

STAKIS Tour of Speyside
 Stage Three The Strathspey Stage Sunday 17 June.

Signing-on 08.00-08.40 Aviemore Reception Area.

Start - 09.00

Miles Time Route

0	09.00	Start at Badenoch Hotel, Aviemore Centre. Neutralised
0.8		Leave Centre, turn left onto B9152 for Carrbridge.
1.7	09.06	Official Start at de-restriction signs.
2.7		T junction, continue straight on, on A95.
5.2	09.14	Kinveachy junction, continue straight on, on B9153
7.9	09.20	CARRBRIDGE HOT SPOT 1 at Landmark Visitor Centre
8.1		Turn right onto A938 for Grantown-on-Spey
10.2	09.26	Duthil
14.8	09.37	Dalnain Bridge, continue straight on, on A95
17.2	09.43	Enter Grantown-on-Spey
17.8	09.45	Turn right onto A95/A939 at Traffic Lights
21.9	09.55	A95 Cromdale village. Turn left immediately after 40 Restriction Sign
22.5		Narrow bridge over River Spey (DANGER)
23.5		T junction, turn left for Grantown-on-Spey
25.0	10.03	T junction, turn left onto A939
25.4		GRANTOWN ON SPEY HOTSPOT 1 at War Memorial
25.6		Turn left onto A95/A939 at Traffic Lights <u>START SECOND CIRCUIT</u>
29.7	10.14	A95 Cromdale village. Turn left immediately after 40 Restriction Sign
30.3		Narrow bridge over River Spey (DANGER)
31.3		T junction, turn left for Grantown-on-Spey
32.8	10.22	T junction, turn left onto A939
33.2		GRANTOWN ON SPEY HOTSPOT 2 at War Memorial
33.4		Turn left onto A95/A939 at Traffic Lights
33.6		Leave Grantown-on-Spey on A95 for third time
34.4	10.26	Turn right onto B970 for Coylumbridge
38.1	10.35	Pass Abernethy Church
38.2		Turn left for Lurg
38.4		T junction, continue straight on for Lurg
39.0	10.38	Nethybridge, Causer X roads, turn right
39.6		T junction at Nethybridge Hotel, left onto B970
40.0	10.40	Turn left for Loch Garten
41.0		Fork junction, bear right for Loch Garten
42.3		T junction, straight on for Loch Garten
42.9	10.47	OSPREY HIDE (GREAT CARE & ATTENTION)
43.1		LOCH GARTEN HOTSPOT
44.5		T junction, turn left onto B970
45.1		T junction, turn right for Boat of Garten
45.3		Cross River Spey, enter Boat of Garten
45.7		T junction, turn left
45.9	10.55	BOAT OF GARTEN HOTSPOT
47.1		T junction at Deshar School, left onto A95
47.8	11.00	Kinveachy junction, turn right onto B9153
50.5	11.06	CARRBRIDGE HOTSPOT 2 at Landmark Visitor Centre
50.7		Turn right onto A938 for Grantown-on-Spey
52.8	11.12	Duthil
57.4	11.24	Dalnain Bridge, turn right onto A95
65.1	11.42	Kinveachy junction, left on A95 for Aviemore
67.6	11.49	T junction, straight on, on B9152
69.7	11.54	Aviemore. Turn right into Aviemore Centre
70.3	11.56	Finish 3/4 way round at Fuel Depot.

STAKIS TOUR OF SPEYSIDE

Stage Four

The Aviemore Stage

Sunday 17 June.

Signing-on 14.00-14.40 Aviemore Centre Reception Area.

Start - 15.00 Car Park, STAKIS Four Seasons Hotel.

Route - Round circular road at Aviemore Centre. The race will be neutralised from the car park for 3/4 way round the 0.8 mile circular road to the official start at the finish area.

Race distance - One hour.

Hot Spots - at 1/4 hour, 1/2 hour and at 3/4 hour.

RACE PERSONNEL

Chief Commissaire	Tom Bruce	Driver	Peter Finlayson
Chief Judge	Jim Gordon	Driver	Tom Mackie
Commissaire One	Al Sutton	Driver	Des McPherson
Commissaire Two	Hugh Sinclair	Driver	Callum Scott
Prime Judge One	Mary Bell	Driver	Alan Bell
Prime Judge Two	Morag Gordon	Driver	Ewan Gordon
Timekeeper	Sandra Laverty		
Recorder	Bromwyn Crymble		
Announcer	John MacMillan	Driver	Jim Howieson
Lead Car/Timekeeper	Nannie MacLennan	Driver	Hugh MacLennan
Protocol	Dennis and Anne Speight		
First Aid	Sarah Nisbet	Driver	
Number Steward/Judge	Amelia Horn		
Broom Wagon	Susan Smith and Nicola Steel		
Clerk of the Course	Sam Crymble		
Results Room	Jim Gordon, Sandre Laverty, Mary Bell Penny Mackenzie		
Motorcycle Marshalls	Dave Wescott/Star Riders		
Chief of Service	Peter H. Robertson		
Service One	Peter H. Robertson/Ewan Mackenzie		
Service Two	J. Ross & Co./Ian Baxter		
Liaison Officer	Iain Miller	STAKIS HOTELS.	
Race Organiser	Colin C. Horn	Driver	Ian Watson
	10 Strathspey Drive Grantown-on-Spey Morayshire PH26 3EY Tel.(0479)2323		

PRIZES

Place -	Stage One	Two	Three	Four	Gen. Class.	Team	Points
1	20	20	20	20	70	40	30
2	15	15	15	15	50	30	20
3	10	10	10	10	40	20	15
4	5	5	5	5	30	10	10
5					25		
6					20		
7	Yellow Jersey-Stage 1-£10				18	Green Jersey-Stage 1-£5	
8	"	"	"	2-£10	16	"	" 2-£5
9	"	"	"	3-£10	14	"	" 3-£5
10					12		
11					10	All Primes and Hotspots	
12					8	1-£20, 2-£10, 3-£5	
13	Total Prizes - £1318				6		
14					5		
15					4		
	Lantern Rouge - £10						

STAKIS TOUR OF SPEYSIDE

ABERDEEN WHEELERS C.C.		TAYSIDE		
1	Robert Cowie	Aberdeen Whls. C.C.	29 Colin Douglas	Broughty Velo C.R.T./ T.S.B. Trust
2	Philip Duncan	Aberdeen Whls. C.C.	30 Richard McDonald	V.C. De L'Avenir
3	George Findlater	Aberdeen Whls. C.C.	31 Jim Millar	Dundee Whls.C.C.
4	Alister Watt	Aberdeen Whls. C.C.	32 Steven Robertson	Dundee Whls.C.C.
DUNDEE		C.C. BOWLAND / STAKIS COYLUMBRIDGE RESORT HOTEL		
5	Stephen Cassels	V.C. De L'Avenir	33 Andy Crawshaw	C.C.Bowland
6	Tony Hastie	V.C. De L'Avenir	34 Martin Andrew	C.C.Bowland
7	Ian Watson	V.C. De L'Avenir	35 Tim Schools	C.C.Bowland
8	Raymond Tully	V.C. De L'Avenir	V.C. OLYMPIA / STEWART WILSON CYCLES	
SCOTLAND/STAKIS FOUR SEASONS HOTEL		36 Neil Cameron) V.C. Olympia /
9	Graham McGarrity	G.S. Modena/ M&M Windows	37 David Kerr) S. Wilson Cycles
10	Fergus Watt	G.S. Modena/ M&M Windows	38 Keith Mailer)
11	Roddy Riddle	Moray Firth R.T./ Bikes of Inverness	GLASGOW WHEELERS C.C. / TEAM T.S.B.	
12	Bruce Scott	Glasgow Whls. C.C.	39 John Graham) Glasgow Whls.C.C./
G.S. MODENA / M & M WINDOWS		40 Stephen Lyne) Team T.S.B.
13	Andrew Davies)	41 Stephen Russell)
14	David Gibson) G.S. Modena /	EAST	
15	Callum MacGregor) M & M Windows	42 David Lawtie	Kennoway R.C. / Carlynn Security
16	Stewart Whittie)	43 Robert Lindsay	Deeside Thistle R.C.
NORTH		44 Martin Williamson		G.S. Modena / M & M Windows
17	Eric Lesh	Ross-shire Roads C.C.	45 Martin Schofield	Stirling Univ. C.C.
18	Ronnie Macdonald	Ross-shire Roads C.C.	COMPOSITE A	
19	John Samuel	R.A.F. C.C.	46 Alan Clyns	Hawick C.C./BANTEL
20	Toby Thomas	R.A.F. C.C.	47 David Henderson	Hawick C.C./BANTEL
EDINBURGH		48 Murray Notman) Moray Firth R.T./
21	Neil Fraser) Dunedin C.C. /	49 Malcolm Skelly) Bikes of Inverness
22	Derek Smith) Macdonald Cycles	COMPOSITE B	
23	David Main	Musselburgh Roads C.C.	50 Martin Coll	Ace R.T. / Peugeot
24	Andy Matheson	Musselburgh Roads C.C.	51 Iain Campbell	V.C. D'Or C.R.T.
GLASGOW		52 Mark Illingworth		Glasgow Road Club
25	Stephen Campbell	Glenmarnock Whls. C.C.	53 Alan MacAulay	Cumbernauld C.C.
26	Mark Miller	Glasgow Road Club		
27	James Millar	V.C. D'Or C.R.T.		
28	Graeme Herd	V.C. D'Or C.R.T.		

NOTE - No. 53 Alan MacAulay is reserve for the SCOTLAND team.